

## Char's Pomeranians

### CARING FOR YOUR POMERANIAN

#### Feeding:



The puppies at Char's Poms eat [Nutrisource Seafood Select Small Bites](#). I like this kibble for puppies due to the tiny kibble size.

I recommend switching to Orijen Regional Red by approximately seven months of age. This food is higher quality and a bit bigger kibble size which is good for the teeth. If you choose to feed another brand, I highly recommend feeding a grain-free holistic dog food free of poultry.



I feed [Orijen Regional Red](#) dry dog food to all of my adult Poms.

Both foods are designed to meet the needs of dogs in all life stages. It can be fed to puppies as well as adult dogs.

I believe that beyond genetics, the dog food we feed our Poms has the most profound effect on a dog's health. I continue to research dog foods every year but I do not only research the food and the company that creates the food. I research the ingredients, where they come from, how each is digested, and how they affect the body. Many ingredients in commercial dog foods are causing yeast to grow in the bodies of our dogs and create systemic health problems as well as skin and coat problems. I chose Orijen because I feel that the company has the same high standards that I do when it comes to dog food. You can read about Orijen on their website <http://www.orijen.ca> I highly recommend reading the pages "Orijen" and "Kitchens" to help to understand what sets Orijen apart from other brands.



I do not recommend feeding canned dog food. Orijen has a freeze dried food, [Regional Red Freeze Dried Dog Food](#), that can be reconstituted and fed moist when a moist food is required

My most basic rule for choosing a dog food is one free of dangerous preservatives, all poultry, all grains, soy, tapioca, beets, potatoes, and sweet potatoes. I only feed poultry if it is organic and it must specifically say "organic". That list could go on and on but if you get it down where you are avoiding these mentioned ingredients then you are likely on the right track. It is important to find out where the food is made and check recalls not only for the brand you are interested in but other brands made by the same company or in the same factory.

We never free feed our Pomeranians. Measured meals allow you to know exactly what your puppy is eating. It is important that your puppy is eating enough but not over eating. An overweight Pom becomes unhealthy very quickly. This does serious damage to the trachea, heart, and patellas. A puppy that doesn't eat enough can get low blood sugar which is very scary. I give two to three teaspoons turkey and rice, two to three times daily to each of my puppies depending on age and need. I also give a measured amount of kibble determined by each puppy's individual need. An individual feeding schedule will be provided before you bring your new puppy home. I sprinkle 1/4 tsp NuVet Plus on their food twice daily. I give half a NuJoint Plus wafer daily as a chewable treat.

I feed a measured diet to my adult Poms of 1/4 to 1/3 cup kibble daily (split in two meals) with 1/4 tsp NuVet Plus sprinkled on the food. I give half a NuJoint wafer daily as a chewable treat. An adult Pom does not need the turkey and rice meals and should be weaned from this by 6 months of age. This is important because most Poms should not have a high carb diet after six months of age. The Poms love NuVet Plus so this can be sprinkled directly on the dry kibble once the puppy is weaned from the turkey and rice recipe.

It is important to realize that if you feed treats, less kibble is necessary to maintain proper weight. For this reason, I mostly stick to hard bones for treats that help promote healthy teeth. Hard bones to chew on do not have an impact on the measured diet above.

I cook for my puppies:

2 pounds browned organic ground turkey

2 cups cooked organic white rice.

½ small can of canned pumpkin (no pie spices)

Stir together. Serve warm.



Leftovers can be refrigerated for 5 days or frozen in single serving packages. It is very important that the puppy eat enough each day and this helps keep the appetite up. You will need to have this prepared for the puppy before arrival.

\*\*A convenient tip is to freeze a batch of turkey and rice in ice cube trays, then take out one serving at a time.

**When weaning the puppy off the turkey and rice:** Every 5 to 7 days, reduce the amount fed per meal by one teaspoon. Watch closely that the puppy is eating the kibble as you reduce the amount of turkey and rice fed. Use that as a sign that it is time to further reduce the quantity of food. When you have reduced the turkey and rice to 1 teaspoon per feeding, you remove the lunchtime turkey and rice meal next. I find it hard to decide what meal to reduce after that and think that is an individual decision based on the puppy's needs. If the puppy eats kibble well in the morning, then take the evening meal of turkey and rice away last. At this point, always offer kibble before the turkey and rice. If the puppy is consistently eating the kibble when offered, you can safely remove the last meal of turkey and rice. It is very important that you are aware of your puppy's eating habits and watch closely that your puppy eats well. In addition, not eating is often the first sign of illness, so can be a key factor in keeping your puppy healthy.

Leave fresh water available at all times.

## I highly recommend NuVet Plus.

	
<p>NuVet Plus is the best nutritional supplement I have used. It is designed to boost the immune system and the immune system is at the core of our Poms overall health. I have been giving it since 2005. We feed the powder formula to all of our Poms and highly recommend it.</p>	<p>More than a million dogs and cats are using NuVet to protect against most ailments (from back yard pesticides, pet food allergies and hormones, toxic formaldehyde in furniture and carpeting, ailments transmitted from dog parks and the vets office, etc), while maintaining beautiful skin and coat. NuVet Plus is not just a vitamin. It is an immune system builder with a precise balance of vitamins, minerals, omega fatty acids, amino acids and high-potency antioxidants. That is why it works so well through all three stages of a dog's life.</p>

I give NuVet Plus and NuJoint Plus to all my Poms for life. The two supplements are formulated to complement one another perfectly. I am convinced that the NuJoint Plus is a great preventative to help keep the joints healthy for life and even help to protect the trachea. These things are especially important with toy breed dogs.

For younger dogs (under 2 years old), it strengthens their immune system, while building and strengthening the cardiovascular, skeletal and nerve systems.

For dogs in their prime (age 2-8), it improves the luster of their skin and coat while protecting against allergies, skin and coat problems, staining from tears, and digestive problems, etc.

For older dogs (over 8 years old), it helps reduce and eliminate arthritis, tumors, premature aging, cataracts, heart conditions, diabetes and many types of cancer, while extending the life and improving the vitality of many dogs.

For your convenience, you may order directly from the manufacturer (at up to 50% off what most veterinarians charge) by calling 800-474-7044 and using Order Code: 54407, or ordering online at [www.nuvet.com/54407](http://www.nuvet.com/54407). Use autoship to save an additional 15%.

For international orders email [contact@nuvet.com](mailto:contact@nuvet.com) and be sure to give order code 54407. Ships worldwide.

### When Your Puppy will not eat:



Nutri-cal is a high calorie/nutrient supplement. It is very important to have Nutri-Cal on hand before receiving your puppy in case of a lack of appetite. **Bring with when you pick up your puppy.** You can purchase it from your veterinarian and most pet stores. [Click to Order Nutri-cal](#)

These Pom babies are small and require frequent meals. It is very important that you not only feed the puppy but watch that the puppy actually eats at every meal. Small puppies can easily get low blood sugar if they do not eat and this can become life threatening. This is when you want to offer three pea size dabs of Nutri-cal. It also gives an extra boost during stressful periods such as adjusting to the new home, traveling, bath day, vet visits, and teething.

## Low Blood Sugar:

**Cause:** Stress can cause lack of appetite, which can cause low blood sugar. Stress can be caused by chill, a missed meal, exhaustion, or even going to the new home. Stress causes an added strain on energy reserves of the liver, which can bring on symptoms. Low blood sugar can also be caused by improper diet or poor quality food. It can be caused by motion sickness as well as lack of appetite due to mouth pain during teething.

**Signs:** Low Blood Sugar seems to occur primarily in toy breeds between four and twenty weeks of age, and again during teething. An early sign of trouble is when a healthy puppy suddenly is drooling, becomes weak, and listless. A veterinarian must be contacted immediately. Advanced stages include seizures, coma, and death.

**Prevention:** Nutri-Cal is an excellent high caloric paste supplement, which your puppy will love. We will give our puppies Nutri-Cal two to three times daily if they are not eating enough. Feed high quality food and give your puppy 3-4 small meals every day. The best prevention is to WATCH to be sure they actually eat at every meal. Remember their bellies are small and only hold a small amount at one time so frequent meals are important.

**Treatment:** Contact your veterinarian at once. Glucose injections may be needed to restore blood sugar levels. Karo syrup can be given to help increase blood sugar levels until you arrive at the veterinarian's office. Prolonged or repeated attacks may cause permanent brain damage so it is import to recognize how serious this can become. Leave your puppy under veterinary care until the puppy is willing to eat on his own again.




Other tips in case of emergency

If a puppy stresses, I then recommend:

1. Electolytes.
2. Royal Canin Recovery prescription dog food is good to feed a puppy that has stressed. Please note that this food is so high calorie that it may cause loose stools.
3. Baby food with bananas in it will also give the puppy the Vitamin K or potassium that may be needed. Give this if your puppy is willing to eat.

PLEASE BE SURE YOUR PUPPY EATS AT EVERY MEAL!!

## **Treats and Bones:**




		
<p><a href="#"><u>Grandma Lucy's Pork Single Ingredient Dog Treats</u></a></p>	<p><a href="#"><u>Orijen Regional Red Dog Treats</u></a> In my opinion, all natural treats are worth the effort to cut them into bite size pieces for training treats.</p>	<p><a href="#"><u>Antler bones</u></a> Great for Poms to chew on.</p>

## Dental Care:

A diseased mouth can cause or worsen other conditions such as diseases of the heart, kidney and respiratory system. Your vet should check your Poms teeth regularly.

The number one question I am asked:

How often should my Pomeranian have a dental cleaning? There is no simple answer to that question. Each Pom is different but proper home dental care can make all the difference.

		
<p>The Poms chew on these split elk antlers a lot at my house. They love them and I like that they are mess free. They can have them every where so we even take them in the car. I have found them to be very safe as well.</p> <p><a href="http://www.petflow.com">Click to order Elk Antlers from www.petflow.com</a></p> <p>Poms that don't chew on bones need dentals more frequently. It is important to encourage your young puppy to chew on bones. Then they are more likely to chew as they get older. I encourage them to chew and the antlers are wonderful for keeping the teeth clean.</p> <p>Chewing also helps the baby teeth to fall out. Your vet should extract any remaining baby teeth at nine months of age.</p>	<p>Some Poms without proper dental care at home need a dental every 6 months. Between professional cleanings, you should take on the responsibility of cleaning your poms teeth.</p> <p>I brush the teeth and use PetzLife Oral Care Spray to help keep the teeth and gums healthy.</p> <p>PetzLife Oral Care Spray works well to soften the tartar and keep new tartar from hardening. Softer tartar scrapes off easier when the Poms eat kibble or chew on treats as well as when you brush their teeth.</p> <p><a href="#">You can order PetzLife Oral Care Spray from Revival Animal Health.</a></p>	<p>Tooth brushing is very important so we start while our puppies are young making it easier for the new owners to carry on this grooming task. The dogs love the doggy toothpaste so tooth brushing is not a difficult task.</p> <p>There is technique to tooth brushing so I recommend starting with the finger toothbrush that slides over your finger - then graduating to a small toothbrush.</p> <p><a href="#">This Dental kit can be ordered from Revival Animal Health if you cannot find it locally.</a></p> <p>The brands of doggy toothpaste that I choose are C.E.T. or Petrodex.</p> <p>I highly recommend brushing your Poms teeth daily whenever possible.</p>

## Choosing A Groomer:

It is a good idea to learn to groom your Pom yourself and use this as a special bonding time. Not all groomers do a great job grooming a Pom unless they are taught Pom grooming by a Pom exhibitor.

Interview perspective groomers if it is necessary to send your Pom out for grooming. I recommend that you personally visit a few that seem to be private owned smaller establishments. When the owner of the business is also the groomer, they generally care more about your happiness. Talk to the groomer or owner and choose one that you feel comfortable with. Be sure they understand your expectations and build a good relationship with your groomer.

I highly recommend that you request no cage drying. Poms can become overheated which can cause tracheal damage or death. Remind the groomer every time you drop your Pom off for grooming.

There is a risk that the Pomeranian coat will not grow back if you shave or trim the coat too short. We recommend never trimming the coat shorter than two inches. Be sure you tell your groomer every time you drop your Pom off. I have heard so many stories about it being on the chart or the owner didn't ask for trimming but they shaved the Pom or trimmed the Pom very short. Be certain that the groomer understands your expectations each and every time.

### **Choosing to Groom your Pom yourself:**

#### **Bathing:**

Poms go through two coat transitions before getting their adult coats. The first puppy coat is shed between 3 and 6 months of age. Then your puppy will grow an intermediate puppy coat. That coat will get big and plush. Then the Pom will shed again between 12 and 18 months before growing their most magnificent adult coat. Male Poms do not shed nearly as much as females other than the previously mentioned shedding periods that are typical of all Pomeranians. I seldom notice dog hair in my home because my Poms are groomed regularly.

Always brush and comb out your Pomeranian before bathing and again while blowing dry. When done, you should be able to easily comb through all the coat, down to the skin.

You may bathe your Pom puppy weekly. As your Pom matures, you may find that they only need a bath once monthly. I am a fan of the Earthbath shampoos made in the USA. For general use, I choose the hypo-allergenic formula because it is a mild formula made from a blend of natural ingredients. It is a tearless shampoo, great for the most inexperienced groomer. I also like the oatmeal and aloe shampoo and conditioner for dogs with dry skin.

If your Pom has an oily coat, non-ultra Dawn dish soap will help remove the oil from the coat. I use a dab of Dawn dish soap around the ears to remove those natural oils. Those oils cause clumping and mats which are painful to remove.

During the spring shed, comb out and bathe carefully at least once weekly for 2-3 weeks to prevent hair in the house. I use a fine tooth comb to remove the dead undercoat. There is a risk that the Pomeranian coat will not grow back if you shave or trim the coat too short!! We recommend never trimming the coat shorter than two inches.

Hypo-Allergenic Shampoo for Dogs:

[Earthbath](#)





### **Trimming Your Companion Pomeranian:**

You can trim under the tail some if you find that stool is sticking to the hair. If this happens occasionally, you can wash that area and use a little baby powder to clean up. You can use baby wipes to keep them clean and fresh smelling all the time. If you choose to trim, mostly trim for neatness and do not trim shorter than two inches. It is important to understand that when the coat is trimmed short on Poms, it doesn't always grow back.

To trim the hair on the ear, put the ear between your first finger and thumb with your thumb on the front of the ear and your nail pointing up. Run your thumb up the front of the ear to feel where the skin ends. Trim just above the top of the ear leather with only a slight curve. You can basically follow the shape of the top

of your thumb nail but do not trim down the side of the ear. To trim the hair on the feet/legs, slicker the hair on the legs in an upward direction. Trim all the longest hair on the front of the toes and between the pads. Do not trim any hair on the back of the legs above the carpal pad.

I order the next four grooming tools, water bottles, and show leads from [www.Pawmarks.com](http://www.Pawmarks.com)

	
<p><b>All Systems Slicker</b> I order the large because it has longer pins which are necessary to get through a Pomeranians coat. I use this for brushing while the dog is dry and also while blow drying to separate each hair to the skin. <a href="#">Click to Order your Slicker Brush today</a></p>	<p><b>Madan Pin Brush</b> I use this for brushing while the dog is dry and also while blow drying to separate each hair to the skin. I like the pin brushes that do not have the little round nobbs on the ends of the pins. Those nobbies can catch and pull the hair. <a href="#">Click to Order your Pin Brush today</a></p>

	
<p><b>Medium/Coarse Comb</b> I use this when combing over the body. <a href="#">Click to Order your Medium/Coarse Comb today</a></p>	<p><b>4.5 inch Finishing Comb</b> I use this for under the eyes, around the ears and on the shorter hair on the hips and legs. <a href="#">Click to Order your 4.5 Finishing Comb today</a></p>

**Nails:**

Keeping your puppy's nails clipped to the proper length is essential to joint health and comfort. Nails should be trimmed every other week and kept short. Leaving nails too long can lead to arthritis later in life. Long nails will break down the joints in the lower leg and damage the legs. A low rpm (5,000 to 10,000 rpm) cordless dremel works well to file the nails down - you would need to do this every week to keep the nails short. You only press it to the tip of the nail for a few seconds, remove, and then press again. Continue this process until you see the tip of the quick(a small pink spot). You do not want to just hold it to the nail or it will get very hot. Electric dremels are too powerful for grinding Pomeranian toe nails.



	
<p><a href="https://www.petflow.com/product/jw-pet/jw-pet-gripsoft-deluxe-nail-clippers">https://www.petflow.com/product/jw-pet/jw-pet-gripsoft-deluxe-nail-clippers</a></p>	<p><a href="https://www.petflow.com/product/miracle-care/miracle-care-kwik-stop-styptic-powder-for-dogs-and-cats">https://www.petflow.com/product/miracle-care/miracle-care-kwik-stop-styptic-powder-for-dogs-and-cats</a></p>

## **Eyes:**

If your puppy is prone to a slight eye discharge or tear stain, wipe the eyes daily with a water dampened and well wrung out cloth or use Angel Eyes Tear Stain Wipes. I notice this mostly during the windy times of year.

I use Angel Eyes Plus Tear Stain Wipes and Angel Eyes Plus Soft Chews as needed.

Remember that Angel Eyes prevents future stains. It can take 6 weeks to remove existing stains.

	
<p><b><u>Angel Eyes Tear Stain Wipes</u></b> Wipe under the eyes to gradually remove current stains and prevent future stains. <a href="#">Click to order Angel Eyes Tear Stain Wipes</a></p>	<p><b><u>Angel Eyes Soft Chews or Powder</u></b> Sprinkle Angel Eyes Powder on the food or use Angel Eyes Tear Stain Soft Chews. <a href="#">Click to order Angel Eyes Soft Chews</a></p>

## **Choosing A Vet.:**

Do NOT use a vet that also treats farm animals. Your Pomeranian's life may depend on this!!! I would not choose a vet who primarily works with horses and cows to do surgery on my toy dog.

A key question: Can your vet keep a small kitten alive during surgery? If not, you do not want that vet treating your Pomeranian.

Pomeranians are NOT "just" dogs and it will help if your vet understands that. Small dogs require different care than large dogs.

Does the vet use the anesthetic - Isoflourine or Sevoflourine. As a Pom breeder, I request that my vet use no pre-meds to calm the Pom as these are not easily tolerated by small dogs.

Be proactive and research recommended vaccines, products, and procedures.

## **Heart Worm, Flea & Tick Control:**

Talk to your vet about proper flea control for your area.

I give Sentinel for heartworm preventative on the 1st of the month. I apply Parastar for flea and tick preventative on the 15th of the month. I do not use any products that target external parasites in combination with heartworm prevention. It is my belief that those products are too strong for our tiny toy dogs. I try to space all products out as much as possible.

You should clean the ears two times monthly with a gentle ear cleaner. If you own cats, swab the ears of your puppy with mineral or baby oil twice a month. This should help prevent ear mites.

I also treat my yards with a pesticide. I do not treat the area where my pets go out on the grass but all of the outlying areas are treated. It is very important that you check with your vet to be sure any products you use on the yard are safe to be used in conjunction with the product you use on your pet.



## **Worming:**

**Loose stools** during transition can be a sign of Giardia or Coccidia. These are one cell organisms that can cause loose stools. Both can be dormant in the intestines of puppies and become active when the puppy is stressed such as surgery, traveling, and adjusting to the new home. They can make the puppy sick if they become active and are not treated. The puppy has two normal stool samples before shipping but these parasites can be tricky. I recommend two stool checks in the first 30 days of bringing your puppy home.

## **Vaccinations:**

Vaccines protect our puppies against life threatening disease but require careful consideration.

A puppy typically gets three DAPPV vaccines given four weeks apart. Most of my puppies have the entire puppy series of DAPPV vaccines before going to the new home. This depends on age. They must get the last DAPPV vaccine in the puppy series on or after 16 weeks of age.

This vaccine includes:

Canine Distemper

Infectious Canine Hepatitis (Adenovirus)

Parvovirus

Parainfluenza

Studies show that the protection from DAPPV vaccines after the annual booster (16 month) could last 3 years and possibly for a lifetime. I personally recommend an annual titer test each year to see if a vaccine is needed. Over vaccination is damaging to the immune system, causing so many health problems in our dogs.

I also commonly vaccinate my puppies against:

Rabies

Bordetella

We do not want to overly challenge the immune system with too many vaccines all at once. That is why I choose never to give a rabies vaccine the same week as a DAPPV vaccine. I believe in the studies that support that as being too much for the immune system to properly support. Any other vaccines offered by your vet are optional or more specific to your area.

I am careful to limit vaccines and weigh the benefits against the risk of disease before giving a vaccine. The bordetella vaccine is known for a mild reaction of sniffles, sneezing, and sometimes a cough can develop. The reaction to the vaccine is much milder than a full-blown case of kennel cough. With travel, we do not know where other dogs on the planes are from so I would not let a dog travel without a bordetella vaccine.

The first rabies vaccine is a one-year vaccine. After that, most state laws require a rabies vaccine every three years. We recommend Merial thimerisol-free vaccines because they are thimerisol (mercury) free.

I do not vaccinate against Lepto due to the high incidence of deadly vaccine reaction as well as other life altering side effects. Some of these side effects develop much later in life such as seizures, kidney or liver failure, and autoimmune diseases, just to name a few.

Over-vaccination can greatly alter the health of your pet, shorten the life span, or even cause sudden death. Be proactive with research rather than simply agreeing to all recommended vaccines and products. Your vet may be contracted by the drug companies to recommend these products.

## **Spaying and Neutering:**

There are also some health reasons for spaying and neutering at a young age such as pyometra, a life threatening infection in females. It also reduces the risk of breast cancer in females and prostate cancer in males. Early spaying and neutering can help with house training. This also makes for a calmer, gentler pet.

## **Skin Trouble:**

**Malaseb Shampoo** is known to resolve many minor dermatological conditions including itchy dry skin, dandruff, flushes out infection in the hair follicles, hot spots, skin infections, lick granulomas, acne, seborrhea, and more. Shampooing every four days to a week is highly recommended. Lather and let it sit on the skin/coat for ten minutes before rinsing. Do not let the dog lick the lather.



If needed, you can order it from:

<https://www.revivalanimal.com/product/malaseb-shampoo?sku=26224-275dogs-cats/dp/119234>

## **House Training:**

House training is one reason why I feel that Pomeranian puppies less than three months of age are not ready to go to a new home. A three month old puppy requires two to three potty breaks plus a meal during the night. A four month old puppy generally requires one potty break during the night. We want to be sure our families are successful with their new puppy so we keep them longer and work on the house training.

At four months of age, a Pom puppy will need to potty once, half way through an eight hour night. No meal is required during the night since the puppy is now fed every eight hours. During the day the puppy should be taken to the potty area every two to three hours plus after eating, drinking, and naps. After each month passes, add one hour of additional time between potty breaks until he can hold it for seven to eight hours. Once the puppy is mature and well trained, he should never be expected to hold it more than 8 hours.

House training will be easier if you do not allow the puppy to have free run of your entire house.

## **Choking:**

I give very few treats because I believe they are a choking hazard. Dogs are also very curious. They use their nose and mouth to investigate interesting and new things. The sudden onset of forceful coughing, pawing at the mouth, and respiratory distress in your Pom suggests a foreign body may be caught in the larynx. A choking episode can cause permanent damage to the respiratory system.

## **Reverse Sneezing:**

Reverse sneezing can seem alarming. It is often mistaken by new owners as collapsing trachea. During a reverse sneezing episode, the dog makes a loud snorting noise caused by attempts to draw in air. This may repeat several times. After the episode is over, there are no lasting effects.

Reverse sneezing is believed to be caused by a temporary spasm of the muscles of the larynx. This episode generally ends on its own within a minute. It can also be ended by placing your finger over the dog's nostrils for an instant.

Reverse sneezing is common in Pomeranians.

## **Trachea:**

A collapsing trachea is almost unheard of in puppies. It is more likely an upper respiratory cough or reverse sneezing. You should contact your vet for diagnosis. Upper respiratory conditions can lead to pneumonia and that can become life threatening quickly. Collapsing trachea can be hereditary or caused by environmental conditions.

A few common environmental causes of collapsing trachea:

Overweight ♦ Becoming Overheated ♦ Chronic Respiratory Disease ♦ Pulling Against Collar ♦ Respiratory Irritants ♦ Second-hand Smoke

## **Weight:**

It is my belief that most Poms are overweight. The common misunderstanding that Poms should be round like a barrel leads to this very serious problem. Many veterinarians believe that misbelief as well. You should not just barely feel the ribs but truly feel them. Poms should have a distinct waist where the rib cage ends.

I worry about this because being overweight can cause many health problems, from collapsing trachea, patellar luxation, and heart disease. We love our Poms and want them to be with us for as long as possible so it is a must that we help them to maintain healthy weight. I do not mind a slightly chubby puppy but our Poms should be fed a measured diet to help control that.

I cannot tell you if your Pom is overweight but I want you to consider this and make that decision. How much are you feeding? What are you feeding?

I recommend to feed (4 to 6 pound) adult Poms 1/4 to 1/3 cup kibble daily, split in two meals with 1/4 tsp NuVet sprinkled on top. I give half a NuJoint chewable wafer daily. I do not feed diet foods to my Poms. I would rather continue to feed a high quality food and reduce quantity. I reduce the quantity of food intake by at least half and see if they start losing weight within two weeks. If not, it can be reduced more. You can add green beans to their food if they think they are still hungry. Many Poms are food motivated so they tend to think they are hungry regardless of how much we feed them which is why we have to measure their food so closely.

## **Proper Exercise:**

Regular exercise is very important in maintaining proper weight and health. Exercise helps to burn calories. It also helps to improve heart health, digestion, and physical well-being. A Pomeranian can get plenty of exercise, even in a small apartment. The appropriate amount of exercise can be achieved while playing with your Pom.

## **Choosing Pet Insurance:**

Just as health insurance is a necessity for you and your family, it is also an essential choice for your puppy. Pet Health Insurance can greatly benefit your puppy's overall health and longevity by allowing care you may otherwise not be able to provide.

**Catastrophic Coverage** is an additional coverage choice that can ease many tough choices that pet owners may be forced to face when their pet needs surgery or other critical care.

There is a wide variety of coverage available and a great number of companies to choose from. Speak with your veterinarian about the best options available for you and your Pom.

### **Avoid These Household Hazards:**

There are a few things that you need to know to ensure the safety of your Pom. You should never leave your Pom unsupervised outside. Puppies are curious, wandering about to investigate their surroundings. You can never be sure what they will come into contact with. It is important to keep your puppy off balconies, high decks, raised porches, and other elevated surfaces.

Keep all chemicals such as cleaning supplies, detergent, bleach, paint and thinner, fertilizer, disinfectant, insect and rodent repellent, and antifreeze stored in a secure area. Be sure that your Pom cannot gain access to these and other chemicals.

Keep poisonous house and garden plants out of reach of your puppy or even better, remove them completely.

Many foods are toxic to dogs. One lethal ingredient that I want to mention here above all else is Xylitol. It is a sugar substitute found in so many human foods from peanut butter to chewing gum. Read labels before giving your Pom any human food. Watch that no handbags or gym bags are left on the floor where your Pom could get a piece of chewing gum. The risks are as serious as severe seizures, organ damage, or death.

Do not use electrical pads or blankets in your puppy's bed, and keep electrical cords covered or out of reach. Chewing electrical cords can cause mouth burns, electrocution, and fire.

Keep plastic bags away from your Pom. He could be trapped inside and suffocate. He could also chew the bag and swallow small pieces of the plastic which could cause choking or be harmful to his digestive system or emergency surgery.

Ribbons or Collars around your puppy's neck can be very dangerous. He could catch these on something and choke. He could also chew and swallow these which could cause digestive problems or emergency surgery.

### **Males versus Females:**

A male Pom keeps a more beautiful coat at all times and I love a Pom with massive coat. My males are my favorite Poms. I find that they are more loving and devoted to me. I always say that the males look at their loved ones as if the sun rises and sets on them. Nothing matters more to them. A typical female Pom can have a more independent personality. If they are preoccupied, they may not rush to your side just because you want them too.

These are generalizations. I highly recommend considering the specific traits of the individual puppy rather than a generalized viewpoint.

### **Socialization:**

A well-socialized puppy is a happy puppy. You should have your pet interact with a wide variety of family members, friends, and strangers while he is young so he learns to get along well with all kinds of people. Socialization permanently shapes your Poms personality and how he reacts to things in his environment. It is important to gently introduce your Pom to a variety of new people, places, and situations. This will help your Pom to have more confidence in his surroundings and to be less fearful of new things.

Proper socialization can be easily accomplished by taking them on family outings, shopping, lunch, and planning play dates with friends with toy dogs. The more places you take him, and the more people he meets, the easier it will be for him to take new situations in stride as he matures.

A combination of good genetics and proper socialization can prevent fear induced barking behavior. This is very important and one of the reasons Char's Poms are so popular. We also start training with our puppies very young so they do not develop the habit of nuisance barking. Continued training is very important.

If you choose to socialize your Pom in puppy classes, ask the trainer about their policy regarding vaccinations and aggressive dogs.

### Special Tips:

Prevent all Poms from jumping on and off furniture. This should prevent injuries to their patellas as well as broken bones. Teach them that if they are placed on furniture that they must stay there until you lift them off. Or simply don't leave them alone on furniture.

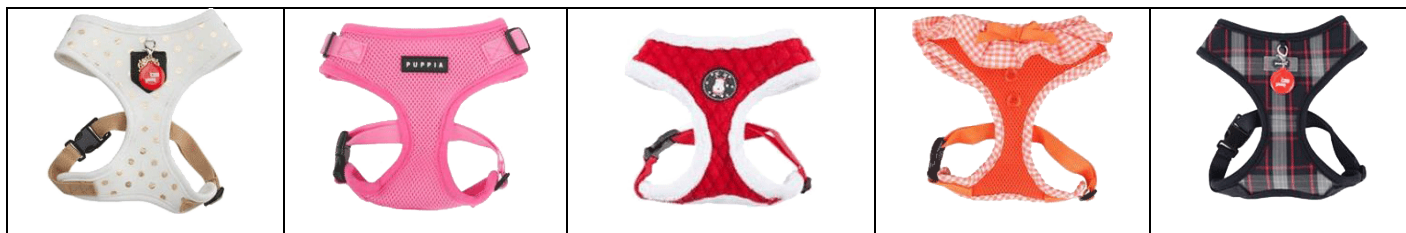
Children and Pomeranians can get along just fine if the children are taught proper behavior with the puppy. Children must learn to properly handle a Pomeranian and only do so under direct supervision. Small children should be encouraged to sit on the floor to hold a Pomeranian. They should not carry the Pomeranian. You should be sure that your child's friends also know how to treat the puppy. Pomeranians are for gentle loving. When toy breed dogs are teased and tormented by children, they learn to dislike small children. The dog will either run and hide from the child or defend himself. If you see this type of behavior, it is past time to have a talk with the children.

I often hear about Pomeranians being hurt by large breed dogs. The most common is large breed puppies that innocently hurt toy dogs in play. Large breed puppies like to bounce around in play and could land on a small dog causing serious injury. Always take care to protect your Pom from larger breed dogs that are not familiar with toy breed dogs. Hunting dogs can naturally think a Pom is the prey. Large and small dogs can get along just fine with proper training and supervision.

Poms need stimulus and an environment that will enhance their intelligence and their physical being. Provide several toys and play games with your Pom. Pomeranians love finger games and chasing small balls.

I do not recommend the use of collars on Pomeranians. Collars mat the coat around the neck. If a collar is necessary, please use a rolled leather collar. Do not leave a collar on a dog that is not supervised. I often use a leash and harness for taking walks.

I recommend you do a Google search under shopping for "Pupppia harnesses" to see all the cute styles. These are sold in so many places that I feel that is the best way to find the color and style you want.



I also recommend the light weight show leads for walking. This is a light weight lead and collar combination that you simply remove after the walk. [Click to shop for show leads](#) The kindness leads are safest for the respiratory system and come in many beautiful styles. When style matters, this is the way to go!

## More Shopping with Char's Poms

I purchase most of the products I use from [www.Petflow.com](http://www.Petflow.com) including my dog food.

I order my main grooming tools(above), water bottles, and show leads from [www.Pawmarks.com](http://www.Pawmarks.com)

I order some pet care products recommended above from [www.RevivalAnimal.com](http://www.RevivalAnimal.com)



### Wee-Wee Pads

I like these Extra Large pads for my Poms. If you only have one Pom you may prefer the standard size.

[Click to order the Potty Pads from PetFlow](#)



### Ultimate Touch

I use this to aid in removing a tangle or mat during shedding. It is gentler than a comb in such circumstances.

If you need one, search for Four Paws Ultimate Touch on Amazon.com



### Richell Expandable Puppy pen

I like a pen that is approximately 2 foot tall. This pen I recommend, the small is similar to the size that I have. My pens are 2 foot by 4 foot. A standard size potty pad takes up half the space but leaves room for their bed and playing. If you have room, the larger pen will give more space for playing.

<https://www.hayneedle.com/product/richell-expandable-pet-crate-with-floor-tray-dark-brown.cfm>



### SleepyPod Air

A soft airline approved carrier is required for travel by plane. We recommend [www.sleepypod.com](http://www.sleepypod.com) for a brand of crash tested carriers for car and airline travel. Several of my clients have these and really like them.



### Water Bottles

We love these leak proof water bottles for the Poms. You can use this stand or hook them directly to the side of a puppy pen. We also order our grooming tools and Kindness Leads from [www.pawmarks.com](http://www.pawmarks.com)








### Designer Bags

Many designers have designed pet carrier bags also known as doggie purses for using around town. Here is a website that you should enjoy shopping at for doggie purses, beds, airline approved carriers, harnesses & leashes, etc.

<https://www.felixchien.com/>

				
<p><b>In The Company of Dogs</b> is an online store with a great selection of high quality items for your Pom and other dogs. They have some of the prettiest yet functional gates and pens, beautiful beds, car seats, and a line of great toys that are made in the USA. <a href="http://www.InTheCompanyOfDogs.com">www.InTheCompanyOfDogs.com</a> 1-800-544-4595</p>				

				
<p><a href="http://www.PetEdge.com">www.PetEdge.com</a> has a variety of toys and beds at great prices. Pictured are some of our Poms favorite toys and beds. Shipping rates are high but they have a code for free shipping when you spend a minimum amount. Find the promotion on their home page.</p>				

A magazine I really like is Dogs Naturally Magazine. Many of my clients subscribe. Education is often the key to keeping our pets healthy. <https://www.dogsnaturallymagazine.com/>

Do you have a balcony or fence with openings wide enough for your Pom to walk through? Don't take chances with your toy-sized dogs. An accidental fall from a balcony or escape under a fence can have terrible consequences. Check out [Puppy Bumpers](#). Even with Puppy Bumpers, direct supervision is necessary.

### **Do You Want To Trim Your Pom To Look Like A Show Pom?**

The Pomeranian Club of Canada offers an illustrated guide for grooming and a DVD. These excellent tutorials will help you to learn grooming techniques. You will not use every technique (like all the powder). I don't even do all that with my show Poms but you will learn lots of technique.  
[Click to order http://www.pcoc.net/grooming.htm](http://www.pcoc.net/grooming.htm)

### **Show Information:**

A good, but very general, book that I have read on showing is called **Dog Showing for Beginners** by Lynn Hall.

There are lots of dog shows - go to [Infodog](#) to find shows in your state. When the map comes up click on the state - you will get a list of shows - "AB" stands for "all breed" and those are the shows to look at for conformation events - you can click on the name of the kennel club to get more information about the show.